

Don't forget...



The **Women's Information Service** is a fantastic service in South Australia that now has an **outreach here at the Aldinga Beach Children's Centre**. A volunteer will be **here each day** to support women to access information. **You can talk to the volunteers about:** Family life and relationships, domestic and family violence, sexual assault and safety, health and wellbeing, accommodation and housing stress, financial security, women's groups and events, education and training and anything else.



Come in to collect a daily playgroup and activities schedule for Aldinga and Sellicks Beach for children and young people.

Extra information:

Kindergarten in Aldinga

Aldinga Beach Children's Centre 8557 6208
Aldinga Community Kindergarten 8556 5483

Programs and Services

The **programs and services we offer are FREE** (excluding kindy & Occasional Care)
In order to cater and prepare we require you to register for some programs. You can do this by contacting our team via 85576208 or www.facebook.com/AldingaCC

Occasional Care

Our Occasional Care Program is for children 0-2 and 2-4. The Children come in for 3 hours of care at \$5.00 or \$1.50 with a Health Care Card. Contact the Centre for more information.

Our Family Support Team

Would you like support and information about children's talking, listening and social skills? Contact our **Speech Pathologist** Tara Allen
Would you like support and information about children's social and emotional skills? Contact our **Occupational Therapist** (Huong is currently on leave, new OT to be appointed shortly)
Would you like to find out information services in the local area? Or maybe you work for an organisation and want to partner with us? Contact our **Community Development Coordinator** Kerry Moore.

Lego Club and Kids and Dads is proudly funded by Anglicare's Communities for Children



Aldinga Beach
**Children's
Centre**
for Early Childhood
Development and Parenting



What's On: Term 2, 2021

April, May & June



Cnr Evans St and Greenlees Parade

Aldinga Beach SA 5173

Phone: 85576208

www.facebook.com/AldingaCC

Monday

PUDDLE JUMPERS—BREAD DELIVERY

10am—4pm

Bread & bakery produce for people to take what they need. No booking is required

TEA AND TINKERING

9.15—11.00am

Come along and meet other people within the community. Bring your child and participate in activities while the children play in the same room.

Booking essential -through the Tea & Tinkering Facebook page

CHILD AND FAMILY HEALTH SERVICES CLINIC

9.30—11.30am

Make an appointment to see the CaFHS nurse
Ph: 1300 733 606

MYTIME

12.30—2.30pm

A support group for parents and carers of children with a disability, developmental delay or chronic medical condition. Enjoy nibbles, guest speakers & activities with other parents and carers. FREE crèche available. Booking essential —Please confirm via text 0437 576 536

Tuesday

PLAYGROUP AT THE CHILDREN'S CENTRE

9.30—11 am

Join Tara our Speech Pathologist to explore and have fun with your child in a safe, fun and supportive environment. Booking Essential

ACORN

9.30—11.30am (from June)

Does your child enjoy music and dance? Have you had some mental health struggles? Acorn is a program that aims to strengthen your relationships with your child through experiences of shared play, music and movement with some dedicated parent only time.

AUSTRALIAN BREASTFEEDING ASSOCIATION

First Tuesday of the month
12—1.30pm

Drop in support group

OZHARVEST

From 2.30pm

Food which includes bread, fruit and vegetables for people to take what they need. No booking is required.

Wednesday

LEARNING TOGETHER AT HOME PLAYGROUP

9.15—11.00am

A fun playgroup which is only for families who are supported by the Learning Together at Home Program. Bring a fruit snack for your child. Please see staff for more information.

FINANCIAL COUNSELLING

9.30—4.30pm

Are you behind in your bills, rent or mortgage repayments? Come along and get support from Chris. To book please call 1800 759 707.

MINDFUL AWARENESS PARENTING

12.30—2.30 pm

5th May—23rd June

An eight week program exploring mindful awareness. Topics covered -noticing what your child needs, repairing relationships when things don't go as smoothly, ways to stay calm & how to enjoy being a 'good enough' parent. Free creche. To register your interest please call Sheri at Anglicare 0437 120 972 or Tara at the Children's Centre 8557 6208

Thursday

CHILD AND FAMILY HEALTH SERVICES

9.30—11.30am

Make an appointment to see the CaFHS nurse
Ph: 1300 733 606

IMMUNISATIONS

9.30am—12.30pm

The City of Onkaparinga's Immunisation Clinic is available on Thursday's for all ages. No clinics will run over the school holidays. Bookings preferred—via the City of Onkaparinga website

BABY PLAYGROUP

11.30am—12.30pm

Suitable for babies aged between birth and 12 months. Come along to play and explore with your baby while meeting other families.

Booking essential - please call the Centre to register.

EARLY PARENT GROUP

2—4 pm

6th—27th May

A 4 week CaFHS led group for new parents and their babies. Contact CaFHS to register and find out more information.
Ph: 1300 733 606

SOUTHERN COMMUNITY JUSTICE CENTRE— LEGAL ASSISTANCE

Monthly

The SCJC is a not-for-profit organisation that offers a free initial consultation with a solicitor. Ongoing assistance provided at no cost to eligible clients. Areas of support include: Criminal Law, Family Law, Civil Law, minor civil claims, motor vehicle accidents etc.

To book please call 8384 5222

Friday

COUNSELLING JOURNEYS

Nicky Clark, clinical social worker is at the Children's Centre Fridays providing a counselling service free of charge for people with a health care plan from the Gp. Pamphlets are available at reception

OZHARVEST

From 2.30pm

Food which includes bread, fruit and vegetables for people to take what they need.



Saturday

LEGO CLUB

10.30—12.00pm

May 8th & 22nd, June 5 & 19th, July 3rd

Asperlutely Autsome invites children with autism and/or their siblings to create, build and play with Lego in a friendly environment. For more information please call Meg on 0422 407855

Sunday

KIDS AND DADS

9.30am—12.00pm

Fortnightly - May 2nd, 16th & 30th, June 19th & 27th

For children (age 0-12) and a significant man in their life—dad, step-dads, grand-dads, uncles or mentors, to enjoy fun activities together, share food and build relationships. To register contact Malcolm on 0437 232 124.

