



Sun Smart Policy

(Hats **MUST** be worn in Terms 1, 3 & 4)

Aldinga Beach B-7 School assists in helping reduce the incidence of skin cancer and the number of related deaths by encouraging all members of the school community to take effective skin protection measures.

PURPOSE OF SUN SAFE POLICY IS TO:

Develop positive attitudes within the school community towards skin protection.

Ensure the care and well being of students whilst at school.

Develop a sense of personal responsibility by the students towards skin protection.

Develop and/or maintain appropriate lifestyle practices, which will help reduce the incidence of skin damage.

The following strategies outlined in this policy are for implementation during terms 1, 3 & 4 and when the UV is 3 and above. Depending on school activities during May eg. all-day outdoor activities, staff and students are encouraged to check the UV and implement sun protection when the UV is 3 and above.

STRATEGIES

Staff and students are to wear **broad brimmed hat** (with no string, minimum of 7.5cm brim), or **bucket hat** (deep crown that sits low on the head and has an angled brim, which is at least 6cm wide) or **Legionnaires hats** when outdoors **during terms 1, 3 & 4.**

Hats will need to be worn for all extended outdoor activities eg sports day, outdoor excursions. Colours can be either maroon or green.

Students are encouraged to wear the school uniform which offers adequate protection from UV through tops with collars and longer style sleeves and longer style dresses and shorts.

Where possible outside activities are rescheduled outside of the peak UV times of the day (terms 1, 3 & 4) when the UV levels are at their strongest, or are scheduled under shaded areas or indoors where possible.

Encourage students to seek shade for outdoor play and school activities.

The availability of shade is considered when planning outdoor activities and events.

The wearing of minimum SPF 30+ broad spectrum, water resistant sunscreen is encouraged and promoted when the UV is 3 and above. It is recommended that Students bring their own supply of sunscreen from home. Sunscreen may be available to students at school for some outside activities provided there is no risk of different skin reactions to sunscreen as indicated on student medical forms. Students are actively reminded to apply their own sunscreen 20 minutes before going outdoors and reapply it every 2 hours when outdoors.

The **Hot Weather policy** will apply when the estimated maximum temperature is 36c or greater.

Teachers will incorporate learning programs on skin protection via the health curriculum.

Staff will act as role models by practising sun safe behaviour by wearing hats, sun protective clothing, sunglasses, sunscreen and seeking shade for outside lessons, yard duty and any camps and excursions.

Parents and visitors are encouraged to role model sun protection when involved in outdoor activities at the school.

Students not wearing the accepted dress code hats in Terms 1, 3 & 4 at big lunch, little lunch and all outdoor activities will be required to play in designated shade areas.

Sun safe hats will be available for sale through the finance office.

For more information please visit the Cancer Council site at <http://www.cancersa.org.au/cut-my-risk/sunsmart/primary-schools>